

Days out from Ivybridge

Suggested Summer '10 Rail Trips : through to 4 September

TEIGNMOUTH & DAWLISH

Teignmouth is an historic port on the mouth of the Teign Estuary with two different characters. Along the seaward edge of the town is "the Den", a large area with lawn and flower beds running between the promenade and an elegant Georgian crescent. There is a pier, theatre and children's play area and a miniature lighthouse. On the estuary side, the town is alive with waterside inns, a busy harbour with boats for hire and ferries to take you across to picturesque Shaldon just across the water.

Dawlish is a pretty resort famed for its black swans with a quiet relaxing feel in a Victorian and Georgian setting. At the heart of the town is a central park called the Lawn, an attractive spot for families to play and relax amongst chestnut trees, colourful flower beds and tall palms. The Brook river containing large numbers of trout runs through the gardens cascading over a series of small waterfalls on its way to the sea.

Note: throughout "C" = change train

ST IVES (CHANGE AT ST ERTH)

The best way to arrive in **St Ives** is by train. Soak up the dramatic views on the St Ives Bay Line from St Erth as the line sweeps alongside the golden sands of Hayle Towans through Carbis Bay and on to St Ives with the panoramic scenery of craggy cliffs and the colourful harbour.

Explore the narrow streets into the heart of this picturesque town with its many galleries, independent shops, pubs and restaurants. Visit Tate St Ives and the Barbara Hepworth Museum and Sculpture Gardens (www.tate.org.uk/stives).



St Ives

FANTASTIC "DAYS OUT" INFO FOR YOU TO KEEP!

Check with National Rail Enquiries for Other Timings

Mondays to Fridays		
Ivybridge	d 08.22	09.59
Totnes	a 08.36	10.13
Newton Abbot	a 08.48	10.26
Teignmouth	a 08.56	10.34
Dawlish	a 09.01	10.40
Saturdays		
Ivybridge	d 08.21	09.48
Totnes	a 08.35	10.01
Newton Abbot	a 08.47	10.14c
Newton Abbot	d	10.24
Teignmouth	a 08.54	10.30
Dawlish	a 08.59	10.37
Mondays to Fridays		
Dawlish	d 16.23	
Teignmouth	d 16.28	
Newton Abbot	d 16.35	
Totnes	d 17.04	
Ivybridge	a 17.20	
Saturdays		
Dawlish	d 16.16	18.08
Teignmouth	d 16.21	18.13
Newton Abbot	a 16.29c	
Newton Abbot	d 16.42	18.21
Totnes	d 16.54	18.33
Ivybridge	a 17.10	18.50

Mondays to Fridays		
Ivybridge	d 09.00	10.25
St Erth	a 11.06c	12.27
St Erth	d 11.11	12.41
St Ives	a 11.24	12.55
Saturdays		
Ivybridge	d 07.56	08.58
Plymouth	a	09.12c
Plymouth	d 08.15	09.24
St Erth	a 10.03c	11.14c
St Erth	d 10.11	11.41
St Ives	a 10.24	11.55
Mondays to Fridays		
St Ives	d 16.25	18.55
St Erth	a 16.39c	19.10c
St Erth	d 16.52	19.24
Plymouth	a	21.20c
Plymouth	d 18.44	21.25
Ivybridge	a 18.59	21.40
Saturdays		
St Ives	d 15.55	18.17
St Erth	a 16.09c	18.31c
St Erth	d 16.36	19.14
Plymouth	a 18.18c	
Plymouth	d 18.42	21.15
Ivybridge	a 18.58	21.30

LOOE (CHANGE AT LISKEARD)

Take a trip on the scenic **Looe** Valley Line and explore the natural beauty of South East Cornwall by train. The branch line from Liskeard to Looe is recognised as one of the most picturesque railway journeys in Britain and enjoys wonderful views from the train window – it's also great for bird watching!

Looe has a fine sandy beach right in the middle of the town, 10 minutes walk from the railway station. It also has access to the South West Coast Path and the hidden beaches and coves along it.

There are plenty of things to do in Looe – the quayside is full of boats offering day trips out, and the streets are a maze of alleyways and back lanes to explore.

Looe Harbour



NEWQUAY

Another glorious train journey – this time up the beautiful Luxulyan Valley – to the seaside family favourite of **Newquay**.

Whilst providing a surfer's paradise with the iconic Fistral Beach, Newquay offers many gentler bathing beaches well suited to families with young children (for example Harbour and Towan Beaches).

When you've had enough of sea and sand, you can visit a range of attractions in the town including the Blue Reef Aquarium, Holywell Bay Fun Park, Newquay Zoo and Trenance Park & Gardens. Newquay also offers an attractive array of shops, galleries and places to eat.

SUNDAYS TO CORNWALL TO 5 SEPTEMBER

Ivybridge (d)	10.12
Plymouth	10.26
Liskeard	11.02 (Looe 11.55)
Truro	11.57 (Falmouth Town 12.35)
St Erth	12.27 (St Ives 12.55)
Penzance (a)	12.45
Penzance (d)	15.07
St Erth	15.16 (St Ives dep 14.56)
Truro	15.47 (Falmouth Town dep 14.59)
Liskeard	16.37 (Looe dep 15.39)
Plymouth	17.08
Ivybridge (a)	17.23

Mondays to Fridays		
Ivybridge	d 09.00	10.25
Liskeard	a 09.47c	11.10c
Liskeard	d 10.00	11.16
Looe	a 10.31	11.44
Saturdays		
Ivybridge	d 08.58	10.19
Plymouth	a 09.12c	
Plymouth	d 09.24	10.33
Liskeard	a 09.48c	11.02c
Liskeard	d 09.58	11.08
Looe	a 10.29	11.36
Mondays to Fridays		
Looe	d 14.57	17.15
Liskeard	a 15.25c	17.43c
Liskeard	d 16.17	18.14
Plymouth	a 16.52c	
Plymouth	d 16.57	18.44
Ivybridge	a 17.11	18.59
Saturdays		
Looe	d 16.14	
Liskeard	a 16.44c	
Liskeard	d 16.53	
Plymouth	a 17.18c	
Plymouth	d 17.38	
Ivybridge	a 17.53	

Mondays to Fridays		To 02 Jul
Ivybridge	d 07.56	10.25
Par	a 09.08c	11.35c
Par	d 09.17	12.11
Newquay	a 10.09	13.01
Saturdays		
Ivybridge	d 07.56	10.19
Plymouth	a 08.13c	10.32c
Plymouth	d 08.58	10.53
Newquay	a 11.01	12.44
Mondays to Fridays		To 02 Jul
Newquay	d 14.58	19.25
Par	a 15.47c	20.11
Par	d 15.52	20.19
Plymouth	a 16.52c	21.20
Plymouth	d 16.57	21.25
Ivybridge	a 17.11	21.40
Saturdays		
Newquay	d 15.24	
Plymouth	a 17.18c	
Plymouth	d 17.38	
Ivybridge	a 17.53	
Mondays to Fridays		From 05 Jul
Ivybridge		d10.25
Par		a11.35c
Par		d11.42
Newquay		a12.34
Mondays to Fridays		From 05 Jul
Newquay	d15.00	
Ivybridge	a17.11	

PENZANCE, TRURO & FALMOUTH
(CHANGE AT TRURO FOR FALMOUTH)

Penzance is the largest town on the Land's End peninsula. With its harbour, regular ferries to the Isles of Scilly in the summer, the National Lighthouse Museum and the Penzance Museum and Art Gallery (housing one of the largest collections of art from the famous Newlyn School) there is plenty to see and do.

Falmouth offers a charming mix of facilities for the visitor – from its lovely beaches, harbour and boating lake to its many attractive shops, cafés and restaurants. Undercover attractions include the Falmouth Art Gallery, the National Maritime Museum, the Falmouth Arts Centre and the Princess Pavilion. From the Prince of Wales Pier pleasure boats cruise up the River Fal as far as Truro and a ferry runs across to St Mawes.

Truro boasts one of the best shopping centres in the West. There are two busy covered markets to augment the shops and on Lemon Quay is the Creation Centre, an arcade of specialist shops beneath the same roof as the Pannier Market. This beautiful cathedral city lies close to the confluence of the Truro and Fal rivers offering opportunities for relaxing boat trips.

Mondays to Fridays		
Ivybridge	d 09.00	10.25
Truro	a 10.37	12.00
(Falmouth Town)	a 11.11	12.41
Penzance	a 11.25	12.42
Saturdays		
Ivybridge	d 07.56	08.58
Plymouth	a	09.12c
Plymouth	d 08.15	09.24
Truro	a 09.33	10.37
(Falmouth Town)	a 10.11	11.11
Penzance	a 10.19	11.28
Mondays to Fridays		
Penzance	d 16.44	19.16
(Falmouth Town)	d 16.53	19.03
Truro	d 17.24	19.55
Plymouth	a	21.20c
Plymouth	d 18.44	21.25
Ivybridge	a 18.59	21.40
Saturdays		
Penzance	d 16.25	
(Falmouth Town)	d 16.23	
Truro	d 17.06	
Plymouth	a 18.18c	
Plymouth	d 18.42	
Ivybridge	a 18.58	

EXMOUTH (ALL EXMOUTH TRAINS CALL AT EXETER CENTRAL)

Exmouth is at the start of the UNESCO designated Devon Heritage Coast and is well known for its two miles of golden sand and fascinating rock pools which make it a favourite destination for adults and children alike. Beautiful parks and gardens run parallel to the broad Esplanade and have a wide range of attractions including a model railway and boating pools.

The estuary of the River Exe is internationally known for its wildlife and an important habitat for wading and migrating birds. Great views of the Exe can be enjoyed from the Avocet Train Line from Exeter To Exmouth.

Mondays to Fridays		
Ivybridge	d 09.59	12.15
Exeter St Davids	a 10.54c	13.02c
Exeter St Davids	d 11.18	13.18
Exmouth	a 11.50	13.50
Saturdays		
Ivybridge	d 08.21	09.48
Exeter St Davids	a 09.16c	10.35c
Exeter St Davids	d 09.48	10.48
Exmouth	a 10.19	11.19
Mondays to Fridays		
Exmouth	d 15.23	17.25
Exeter St Davids	a 15.54c	17.55c
Exeter St Davids	d 16.08	18.21
Ivybridge	a 17.20	19.12
Saturdays		
Exmouth	d 15.23	16.55
Exeter St Davids	a 15.54c	17.24c
Exeter St Davids	d 16.21	17.53
Ivybridge	a 17.10	18.50



Exmouth

EVEN MORE IDEAS FOR TRIPS TO CORNWALL !

Why not take a day out at the Eden Project or a trip on the scenic Tamar Valley line and enjoy stunning scenery and walks (including the walk from Calstock to the National Trust's Cotehele House).

For Eden leave Ivybridge 09.00, arriving 10.57; return from Eden at 17.00, arrive Ivybridge 18.59. Weekdays only.

LARGE PRINT COPIES OF THIS LEAFLET AVAILABLE FROM THE TOWN HALL, ERME COURT, TEL 01752 893815

**EXETER ST DAVIDS
WITH FREQUENT CONNECTIONS TO
EXETER CENTRAL**

Exeter is full of colourful character, history and heritage and offers a delightful mix of high quality attractions, restaurants and excellent shops in a setting of architectural splendour.

From the magnificent Cathedral and historic quayside to the Guildhall and Royal Albert Memorial Museum and the city walls, Exeter has a long and interesting past from Roman times. Free walking tours are available daily. For detailed information contact Exeter Guided Tours Information & Booking Office – tel 01392 265203 or e-mail guidedtours@exeter.gov.uk

Mondays to Fridays					
Ivybridge	d	08.22	09.59	12.15	
Exeter St Davids	a	09.21	10.54	13.02	
Saturdays					
Ivybridge	d	08.21	09.48	12.15	12.47
Exeter St Davids	a	09.16	10.34	13.03	13.35
Mondays to Fridays					
Exeter St Davids	d	14.09	16.21	18.21	
Newton Abbot	a	14.28c			
Newton Abbot	d	14.50			
Ivybridge	a	15.18	17.20	19.12	
Saturdays					
Exeter St Davids	d	15.49	16.21	17.53	18.20
Ivybridge	a	16.47	17.10	18.50	19.10

IDEAS FOR FURTHER AFIELD!

Don't forget you can catch the morning London direct service for time out in Taunton and Bath Spa – both well worth a visit!

Great Value Fares!

Please check the details of your journey carefully before you travel. The National Rail Information number is 08457 48 49 50 (24 hours). Textphone 0845 65 50 600 www.nationalrail.co.uk. Call in advance if you can and always ask for cheapest fare options

From Ivybridge	Adult Cheap Day Return	Child 5-15 Years	Group Save
Dawlish	£5.00	£2.50	£10.00
Eden Project incs train, bus & entrance fee	£26.50	£13.75	-
Exeter	£6.50	£3.25	£13.00
Exmouth	£8.00	£4.00	£16.00
Falmouth Town	£11.00	£5.50	£22.00
Looe	£7.00	£3.50	£14.00
Newquay (0802 train)	£16.50	£8.25	-
Newquay	£9.50	£4.75	£19.00
Penzance	£11.50	£5.75	£23.00
St Ives	£11.50	£5.75	£23.00
Teignmouth	£5.00	£2.50	£10.00
Truro	£10.50	£5.25	£21.00

Cheap Day Return Fares are available on the 0822 and later trains Monday to Friday and at any time on Saturdays, Sundays and bank holidays. **Railcard Discounts** apply subject to railcard conditions. **GroupSave Fares** allow up to 4 people to travel together for the cost of 2 cheap day return fares – **don't forget to ask about this when purchasing tickets.** Up to 4 additional children can travel at the same time for just £1 return each! GroupSave not available on X Country Trains. **Groups of 10 or more** may be eligible for other discounts. **Day Ranger Tickets** are available at £10 each for adults and £5 for children (NB Railcard Discounts also apply to Adult Day Ranger Tickets). Check also for **Freedom of Cornwall Tickets.**

For further information phone 08457 000 125 for First Great Western Customer Services.

